girl scouts
of virginia skyline

Lynchburg Campbell
County
Girl Scout Service Unit

Amherst/Appomattox
April 2024
Update





April is Girl Scout Leader Appreciation Month and we can never thank these wonderful volunteers enough!

Being a Girl Scout in my Mom's troop, Troop #2 from Carolina Pines Council, was pretty cool. We did lots of 2-person "pup tent" camping, hand sewing, hiking and creating snacks...We loved snacks! Out of desperation to find a troop for my own daughter, Michele, I found myself agreeing to be a troop leader of 8 adorable high energy Daisy Girl Scouts. If someone had told me that I would be leading this troop through high school, I would have told them that was unlikely. I thought frankly who is still in Girl scouts by the time they hit high school. For whatever reason we did not have Senior Girl scouts in the 60's, so my scouting wrapped up for me as a Cadette.

Being a troop leader when my girls were younger was certainly easier. They had less on their schedules and more time for meetings. Badges and activities were more clear cut and fairly easy to achieve.

As we muddled through middle school, I often questioned if Girl Scouts was worth my time and effort. Middle school was hard, life was changing, friendships shifting, not to mention my own demanding work schedule. Girl Scouting, however seemed to provide this safe space for all of us and we would have that certain meeting or activity that really brought our girls together and I would be reminded of the bonds that we had all formed through what I felt was a lifetime ago.

The Silver Award project was one of them. Approaching high school, I will admit that I really did not know what a Girl Scout leader looked like. Claire and I became more of advisors prepared to adjust the whatever. We were more focused on life skills than badge work although we did squeeze some in without them knowing it. Meetings often consisted of supper together and talking about prom dresses. Not only did this give Claire and me a chance to do what we could to pass on our own lessons that might serve them in the future, but gave us a front row seat

on what was being accomplished. By 11th grade their focus and what motivated them, lots of sleepovers at Gay Lodge, planning their 6th Brownie Camporee, building The Griz (Sac's amphitheater) in honor of Connie Hensley, their friend and mentor and lots of conversations about a train trip to NYC after high school graduation as their "last hurray".

Turns out, I didn't realize it that most of the true benefits of Girl Scouting kicks in when we are most inclined to quit...for both girls as well as adults. Over the years our girls learned many great lessons about independence, individuality, creativity, entrepreneurship, and leadership. It is now they begin to demonstrate their understanding of commitment, realize the fundamental benefits obtained through Girl Scouting and the power of sisterhood. The diversity of this troop was very special, friendship would not have formed otherwise. They had a voice to be heard and a power to control their self-image. Girl Scouting was a grounding force. Nothing was more important than building healthy relationships.

While I expected my daughter to grow through Girl Scouting, I was impressed for the growth I would experience through Girl Scout Leadership. In working with other women I admired (and still do), I learned by watching their skills in action and developing these attributes in myself. Girl Scouting leadership is part of who I am today and for that I am grateful!

Girl Scouting provides the platform. We as Girl Scout Volunteers provide the underpinning.

In Girl Scout Friendship, Rebecca

PS If you can find me in the picture of Troop 2, let me know.

Shared by our local GS leaders, For the Love of Girl Scouting

- It's been 41 years and I am still going strong
- I belong to an amazing sisterhood
- I spend my time thinking of new ways to engage girls so they can grow into strong confident women
- I will invest my time, talents and treasures to ensure that the future leaders of our world are strong women of courage and integrity
- I will stand with our girls in freezing cold temperatures at a cookie booth to teach them that reaching a
 goal is hard work.
- I will spend countless hours facilitating programs, activities and meetings so that our girls progress into women that support women rather than compete with them and tear them down
- I will devote years to my troop but ultimately to my daughter to watch her grow and mature into a leader with the Girl Scout Law as her core value
- I will stay positive
- I will do lots of paperwork
- I will sleep on the floor of every aquarium, zoo, museum and mall in a 200-mile radius
- I will fit tons of Girl Scout cookie cases in my car
- For the love of Girl Scouting, I will have the most wonderful and supportive friends. Through this
 experience, I have developed friendships from those who offer support and advice when needed. They
 are there for the long haul!

There are never enough of these Amazing Volunteers!



World Thinking Day, March 2, was fun... LOTS OF FUN!



Everyone did a fabulous job. We learned so much from each station and special thanks to Amy who oversaw the learning station so our girls could earn the WTD Girl Scout Badge. We were honored to have Girl Scouts Carla and Lottie from Troop 440 (exchange students from Germany and Spain), Natividad from Equatorial Guinea and Mary

Alice, our Girl Scout support. Their information added to the entire educational experience as we experienced all the different cultures. The girls gained insights about food insecurity and how we could tackle this from gardening/healthy foods, composting/healthy soils and the Eco service of a

tree. As part of the registration fee, each participant brought a can of foods for the local Blue Ridge Area Food Bank.







The baby eaglets hatched sometimes between the last week in February and the first week in March. Viewing of the eagles and their nest is possible through the first weekend in April depending upon the new foliage. If you are super quiet, you might be able to hear the family talking to each other near the

the Mama Stump Trail. At this point in time the eaglets have dark feathers that will not start turning white until they are 1½ years old. The family will move to a cooler climate by mid-May but, fingers crossed, Mom and Dad will return again in November and spend the winter and early spring with us. We have really enjoyed sharing Camp Sac with them.

Make your plans to enjoy the new letterboxing program at Camp Sacajawea this spring which replaced the program destroyed during the April 2018 tornado that hit camp. This was the creation of Hartley and Piper, members of Troop 676 via their Bronze Award Projects. The 60 minute outing starts at the Animal Tracker Trailhead behind the Admin Building, continues up to the Hartley/Piper Connector, then down Guill's Hill toward the Mama Stump Trail and Amy's Overlook ending near the "Mama Stump" stump (not far from the Gay Lodge fire circle). There are 12 dry boxes each hidden in its own unique house. There are multiple clues and a map to help you enjoy this outdoor adventure.



Info box is at Animal Tracker trailhead and at Sunspot.

Update on William's Boy Scout Eagle Project (Pack 29, Peakland UMC)

He is now prepping the Chess Board pieces for the 8' x 14' outdoor game board (chess and checkers) and hopes to have the concrete poured in April. Many thanks to Diane and Sugar Hollow Day Camp folks for their generous donation in helping us secure the full set of pawns and Bobby



for hauling them to Sac. The Sports Shed Barn has been repaired along with new fr

repaired along with new front and back decks which will provide wonderful storage for the pieces.

Cadette/Senior Girl Scout Troop 1315 have been working on their Room Makeover Badge. They practiced their sewing skills, created a vision board to name a few of the requirements. These girls combined color, texture and paint to develop some serious DIY flair. Here is a picture of Hailey, who is designing a new book case for her bedroom.





We enjoyed having Troop 94 from Vinton join us at Camp Sacajawea the weekend of February 24. They earned their Camp Bear Patch doing some clean up along the

Mama Stump Trail and around Amy's Overlooks, and earned the Mama Stump Trail patch facilitated by Annabell and Mrs. Duncan. The troop enjoyed magnificent views of the eagles and their nest.







Cindy Watson was a hit during the recent meeting of D/B Troop 2222. She helped the Girl Scouts earn the Robotics Badge and introduced them to drones and how they work. The girls loved flying the drones! What a fantastic hands-on learning program. Cindy is a science teacher at Forest Middle School, member of the NASA Langley Research Lab and former Girl Scout leader of Troop 1138 with our Service Unit.

Skyline Council Trainers are needed to teach and train the most accurate information to other volunteers and our older Girl Scouts. This is a volunteer position. Trainers are needed in all areas of the council, especially Outdoor Education (OE), Counselor in Training (CIT), Cadette Program Aide (CPA), Hiking, backpacking, Event Planning and our highest awards: Bronze, Silver and Gold workshops.

Interested?

What: Training for Trainers

When: Saturday, April 13 (9:30am) – Sunday, April 14 (1:00pm)

Where: Charlottesville

Cost: \$0

Register at https://mygs.girlscouts.org/event-detail?id=281-041324TFT-JDB

Save the date

Outdoor Education at camp Sac

September 28/29

Trainers: Donna (Rustburg), Gail (Radford), Debra (Danville) and Rebecca (Lynchburg)

Registration opens soon

Calling all Service Unit Team members Experienced, new and wannabes

You are invited to the Service Unit Team Campout. Come and connect with other Service Unit Team Leaders and Teams. Be ready to relax and unwind. Time to discuss our strengths, challenges and how we make a difference in our Girl Scout Council.

Adults only!

Location: Camp Sacajawea

Date: Saturday, May 4 (10:00am) - Sunday, May 5 (11:00am)

Sleeping Accommodations are available



Register: https://mygs.girlscouts.org/event-detail?id=281-SUCampout-050425-JDB

Questions: Customer Care at info@gscsc.org

Adventurers is an action oriented group of older Girl Scouts who are seeking exciting, stimulating activities to challenge their capabilities, broaden their horizon and self-confidence.

Become a Skyline Adventurer. Contact: adventurers1912@gmail.com

Adventurers in Appomattox

Friday, June 7 – Sunday, June 9



Explore Holiday Lake State Park to include hiking, canoeing and kayaking. Plus, Appomattox Court House, spend 2 nights (tents provided) and outdoor cooking.

Questions: Debbie Clark <u>denmotherfor3@yahoo.com</u> (More information online at gsvsc.org)

Join us at Camp Sacajawea for a weekend of fun and adventure!

Our girls will learn more outdoor camping skills while spending time at the "Dot" Splash/Spray Pad and on the archery range or on the tomahawk range (older girls). Girls will work on their outdoor progression patches which teaches them everything from survival skills and camp cooking to traditional fire circle songs and camp games. Camp will run from Friday morning until Sunday morning, July 19-21. Price includes five camp meals and two overnight stays (optional).

July 19 (9:00am) to Sunday, July 21 (10:00am)

Camp ages: Rising 1st – rising 6th graders

Camp prices: \$115 per camper; \$50 per girl assistant, CPA, CIT (If registered by May 20^{th)}

After May 20th, add \$25 per camper

Camper and adult volunteer registration: https://gsvsc.campbrainregistration.com/

Make your summer plans to enjoy some quality time at Camp Sacajawea with your troop, Camping, of course - but you could come for the day, half a day...hike, use the wonderful resources and activity tubs at Sunspot (No charge – we follow the honor system) Tubs available: Scavenger Hunt, Public Speaking, Trees, Fairy Trail Adventurers (Trail Adventure Badge for D/B/J on the Animal Tracker Trail), Eco-Action, Jeweler, Engineering Fun, Leave No Trace, Bugs, JGL Catch the Spirit, JGL Daisy Bingo, Astronomy/Space Explorer, Zink the Zebra, Outdoor Adventure, Hiker, How Pulleys Work, Earthquakes and the new Letter Boxing Program. Let Rebecca know if something is

Earthquakes and the new Letter Boxing Program. Let Rebecca know if something is missing.

• "The Dot", Camp Sacajawea Spray/Splash Pad. Rented May – September, Use Form 2150

- Archery Range. You will need to secure either an Archery 1 or 2 instructor before you make your reservation. Use Form 2150 and 1086 to reserve the equipment
- Playing field and The Griz
- Sports shed near Bowen Playing Field
- Skinny Dip Hole for wading
- Little Sacs Orchard
- James River Overlook at end of Pavilion Short Cut Trail
- Amy's Overlooks at end of Mama Stump Trail
- Canoes/kayaks along Judith Creek Trail. You will need a level 1 "Paddle Sports" canoe/kayak certified instructor

Have the girls close their eyes. Ask: "What do you hear?" What do you smell?" Are there sounds you like or dislike? Do you hear these sounds all the time?

Have the girls lay on the ground and look at things from the animals' point of view.

The "Serenity Cart" has been created by Rhea Newbill, RN from Centra. It is designed for children whose parents are critically ill and near the end of life. They are in need of small stuffed animals (Beanie Baby size) to help comfort these children during their difficult time. Share this service project with your girls. They might have a few (gently used is fine) from their own collection or discuss using \$15 or so from their troop fund to purchase a couple. They could actually participate in the shopping. Dollar Tree, etc. is just fine. Rebecca will collect these donations and transport to Centra's Critical Care.

Questions: Becka6778@aol.com

What to do with leftover cookies

- Gift to a teacher
- Be honest with your troop family. Keep them informed about current inventory. Cookies are "owned" by the troop and cannot be returned to Council. Unsold cookies will come out of the troops profits and cost the troop x amount
- Ask your families to purchase boxes of cookies to donate
- Reach out to businesses. They might purchase them and donate to the charity of their choice
- Left over cookies not sold
 - Troop snack
 - Donate to first responders/food pantries
 - Donate to police/military (Contact Rebecca. She can help get them delivered – <u>becka6778@aol.com</u>)

End of year Finance Report due to the Skyline Council no later than June 30, 2024

All troop reports must be submitted online.

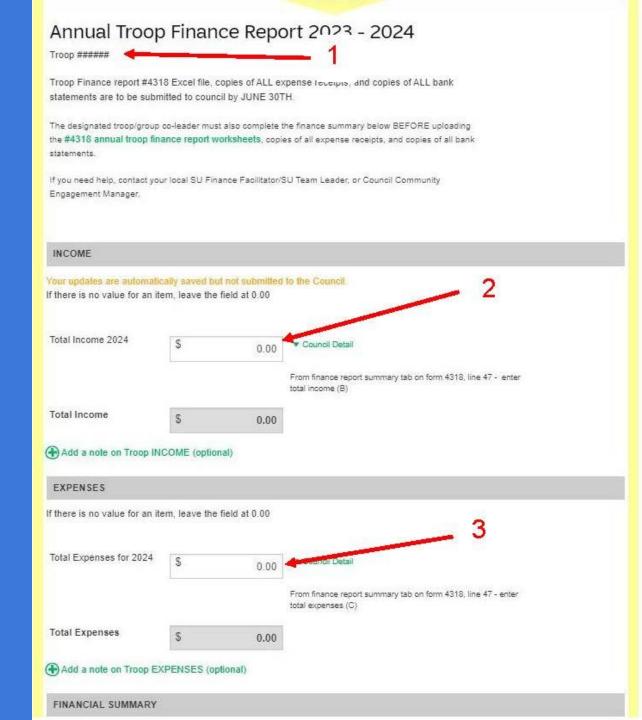
To submit your report:

- Log into https://mygs.girlscouts.org/
- Enter your user name and password
- Go to Volunteer Toolkit on the left side
- Click on the Finance tab on the toolbar this will open a drop down box. Choose the 2023 – 2024 Finance Form Edit
- The following pages will lead you through the completion of the form

1 – Enter your troop number

2 – Enter the total income from Form 4318, #B on Finance Report Summary (Yellow) page

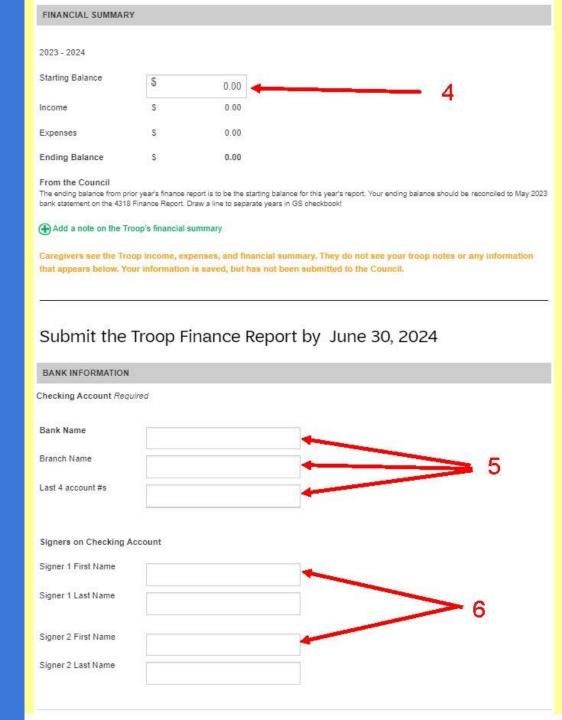
3 – Enter the total expenses from Form 4318, #C on Finance Report Summary (Yellow) page



4 – Enter the starting bank balance from Form 4318, #A on Finance Report Summary (Yellow) page. The ending balance on this form must agree with the ending balance shown on #D on the Finance Report Summary (Yellow) page

5 - Enter the bank information

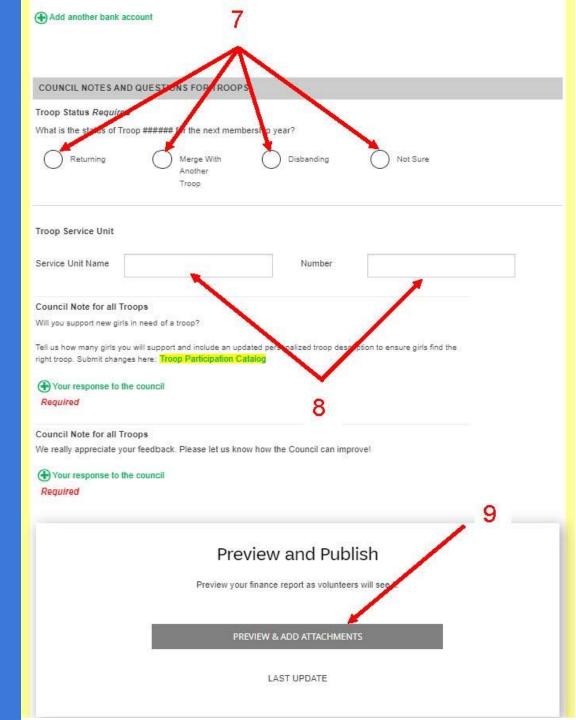
6 – Enter the first and last names of the account signers



7 – Mark the appropriate box for your troop

8 – Enter your Service Unit name and number. For Lynchburg, this is Lynchburg Campbell County Service Unit #667

9 – Click on the Preview and Add Attachments bar. Attach Form 4318, Bank Statements and copies of all receipts



If your file is too large to submit through this process, you will receive instructions on how to proceed using info@gsvsc.org. If you receive this message, use the link provided. This will ensure that your info is attached to your report.

Finance reports missing bank statements and/or receipts will be flagged and returned for correction

Upon submission, you will receive a confirmation email.

If you have questions or need assistance, feel free to reach out to Donna donna.c.guill@gmail.com

This Little Camper That Follows Me

If we can gift our girls anything, it's time.
Time chatting with them around a campfire.
Time walking with them on a trail
Time spent planning their next adventure

They may not remember all of the material gifts but they will remember how they felt during these precious times spent with their Girl Scout Leader. That will last forever because you have taught then to be generous., grateful and about the importance of serving others. You are a Good Role Model and Great Girl Scout Leader.

Thank you!!!

A careful girl I have to be,

A little camper follows me –

I do not dare to go astray

For fear she'll go the self-same way,

I cannot once escape her eyes,

What ere she sees me do, she tries;

Like me, she says, she's going to be

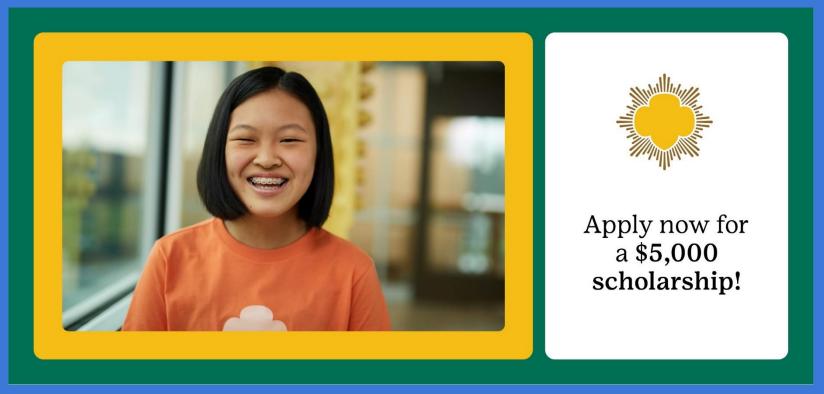
This little camper that follows me.



She thinks of me as good and fine,
Believes in every word of mine
The fault in me she must not see,
This little camper that follows me.
I must remember as I go
Through the months of sun and
winter's snow
I'm helping build for years to be
This little camper that follows me.



Gold Award Girl Scouts shine bright!



Gold Award Girl Scouts have earned the most prestigious award in Girl Scouting and made the world a better place. Their exemplary leadership skills have already gotten them far, and now they have a chance at a \$5,000 scholarship to take them even further.

Applications are open now through April 17. Good luck, Girl Scouts!

MY25 Membership Council Service Fees

MY25 Annual Memberships:

- Girls: \$35* (previously \$32)
- Adults \$25
- *Annual Girl Council Service fee increasing from \$7 to \$10

MY24-25 Extended Year Memberships (available to NEW members only):

- Girls: \$50* (previously \$46)
- Adults: \$35
- *Extended Year Council Service fee increasing from \$11 to \$15

Mission Delivery



Renewal Rewards!

FREE MEMBERSHIP

Free membership promotions start at **6 AM** on **April 1**.

April 1-April 15 - Troop Co-Leaders can RENEW membership by April 15th for FREE!

- Promotion automatically applied at checkout
- Volunteers must select/renew Troop
 Co-Leader Role at the time of membership renewal for promotion to be applied

April 1-May 1 - Girl members can RENEW membership by May 1 for **FREE**!

Promotion automatically applied at checkout

FREE T-SHIRT & DECAL

Free T-shirt & Decal Reward promotions start at <u>6 AM</u> on <u>May 1</u>. *May 1- until gone!* Claim a 2025 Early Renewal T-shirt and Renewal Decal in gsEvents.

Trouble logging into My GS Account?

Contact Customer Care at info@gsvsc.org or call 540-777-5100.

Mission Delivery



T-shirts limited to **400 girl MY25 members** and **200 MY25 adult members**; once they are gone, they are gone!

Renewal Rewards!

Renew between Apr 1 - April 30 to be eligible to claim a 2025 Early Renewal T-shirt and Renewal Decal on May 1.

(Rewards are for current members who renew for MY 2025 by April 30th!)



Decals limited to 2000 girl MY25 members and 500 MY25 adult members; once they are gone, they are gone!



Upcoming Program Calendar



Grade-Levels Key: Daisy (D), Brownie (B), Junior (J), Cadette (C), Senior (S), Ambassador (A)

- Mar. 1-May 15: Skyline Readers Club: Spring Edition (D/B/J/C/S/A/V)
- Apr.: <u>National Volunteer Month</u> (D/B/J/C/S/A/V)
- Apr. 12-13: <u>Environmental Science Camporee</u> (<u>REG.</u>
 CLOSES 4/5)
- Apr. 13-14: Mall Madness (REG. CLOSES 03/29)
- Apr. 14: <u>Science & Engineering Exploration Day (REG.</u>
 <u>CLOSES 4/5</u>)
- Apr. 14-20: <u>National Volunteer Week</u> (D/B/J/C/S/A/V)
- Apr. 17: Silver Award Workshop (C)
- Apr. 20: <u>Cadette Aide Leadership</u> (C/S/A)
- Apr. 20: <u>Counselor-in-Training</u> (C/S/A)
- Apr. 21: <u>Girl Scouts Recognitions Ceremony</u>
 (D/B/J/C/S/A/V)
- Apr. 22: Girl Scout Leader's Day (D/B/J/C/S/A/V)
- Apr. 27: <u>Cadette Program Aide Leadership</u> (C/S/A)
- Apr. 27: Girl Scout Night @ Lynchburg Hillcats Baseball (D/B/J/C/S/A/V)
- Apr. 27: River Rock Climbing Gym Girl Scout Lock-In (J/C/S/A/V)

Property

Please join the Property Maintenance Rally for updates on improvements and renovations at all camps. Lots of exciting things are happening!

https://rallyhood.com/217873



Marketing & Communications



Your Girl Scout Calendar

APRIL

Apr. 1: Early Bird renewal kicks-off

Apr. 13-14: Mall Madness, Valley Mall

Apr. 14-20: Volunteer Appreciation Week

Apr. 21: GS Recognitions Ceremony, Roanoke

Apr. 22: GS Tree Promise kicks off

Apr. 22: Girl Scout Leader's Day

Apr. 25: SU Roundtable

MAY

May 4-5: SU Team Campout (Camp Sac)

May 12: Graduating Seniors info due to council

May 17-19: Junior Jam Take 2

May 23: GSVSC Town Hall

May 27: GSVSC Closed for Memorial Day

DETAILS HERE:

www.gsvsc.org/calendar

Marketing & Communications



Volunteer Appreciation

It's time to celebrate our volunteers!

- National Volunteer Month: April
- National Volunteer Week: April 14-20
- Girl Scout Recognitions Ceremony: April 21 (Roanoke, VA)
- Girl Scout Leader's Day: April 22

Show Your Troop Leader Some Love!

Here are some ways to show your troop leader how much you appreciate them. Choose the one that best suits you and your Girl Scout sisters. It's always the right time to say thanks.

DETAILS HERE:

www.gsvsc.org/gs-holidays

Forms/documents

https://www.gsvsc.org/en/members/for-volunteers/forms-and-documents.html

Volunteer Resources Tab for trainers, delegates, troop leaders, service units, info/suggestions on first six troop meetings (D, B, J)

https://www.gsvsc.org/en/members/for-volunteers/volunteer_resources.html

Questions:

<u>LynchburgCampbellCoGirlScouts@gmail.com</u> <u>www.lburgccgirlscouts.weebly.com</u> <u>https://www.facebook.com/LSSGSSU</u>

Lynchburg Campbell County Girl Scout Service Unit 4925 Boonsboro Road, PMB 189 Lynchburg, Virginia 24503

Contact Council: info@gsvsc.org or 540-777-5100